

The New Hampshire Senior Leadership Series

APPLICATION

(DEADLINE TO SUBMIT IS MARCH 2, 2012)

The goal of the New Hampshire Senior Leadership Series is to develop leaders from older adults, caregivers, family members and friends who will advocate both at the state and federal levels on issues that will impact New Hampshire citizens as they age. *Applications will be reviewed by a selection committee and participants will be notified by March 30, 2012. Please complete and return Sections I, II, and III by March 2, 2012.*

Section I

Name: _____

Address: _____

Occupation: _____ Employer: _____

Email address: _____

We intend to communicate with you via e-mail, but please include your other contact information as well. Thank you.

Daytime phone: _____ Evening phone: _____

Alternate email address: _____ Cell phone: _____

What aging-related issues impact you and/or your family?

What services do you currently access?

Are you a caregiver? Please explain:

Section II

We want to get to know you, so please answer the following questions. Be honest, be creative, and tell us what you really think!

On a separate sheet of paper, please answer each of the following questions with as much detail as you can – place the sheet(s) with your answers inside the application packet.

1. This Senior Leadership Series is both a wonderful opportunity for growth and learning **and** a big commitment of time and energy for its participants and the group leaders. What motivates you to apply?
2. New Hampshire Senior Leadership aims to choose participants with a variety of experiences, backgrounds, and perspectives. With that in mind, why are you passionate about aging issues in New Hampshire?
3. This Series is designed to support the development of leadership skills that will assist participants to effectively engage in positive social change for our aging population. What do you believe are the characteristics of an effective leader?
4. Tell us about any opportunities you have had to be a leader. How would you describe your effectiveness in these situations? What skills did you use? What did you learn?
5. What have you experienced as barriers to effective leadership? What did you struggle with?
6. As a prospective New Hampshire Senior Leadership member, what talents do you bring to this role? What are your fears? What are your hopes?
7. Many people apply for this series. Why should we choose you?
8. In case we haven't thought of every question...what else do you want to share with us?

Section III

You may foresee some barriers that will impede your ability to meet the expectations of Senior Leadership participants. We want to remove any of these that we can.

Please think hard about all you will need to participate. If you are accepted, we will contact you to arrange for the support(s) you need. Please note that your need for support to attend does not, in any way, affect the way in which your application is reviewed.

Learning Accommodations:

Our series is a tremendous learning experience and one from which we want each participant to benefit. What would you say is your preferred learning style? What accommodations or supports do you need to learn effectively? (For example: small group work, with visuals, lecture style, large print materials, etc.)

Please explain: _____

Accommodations needed to participate:

- I do not have access to my own transportation.
- It would be a financial hardship for me to pay for the gas that will be required to get to each session.
- I would need financial support to help pay for respite care or for personal care support while I attend this program.
- There are other barriers not mentioned above that may get in my way (please explain):

Please return completed applications by March 2, 2012 to:

AARP New Hampshire
Attention: Doug McNutt
900 Elm Street, Suite 702
Manchester, NH 03101

The New Hampshire Senior Leadership Series is made possible through collaboration and financial assistance from AARP New Hampshire and the Center on Aging and Community Living at the University of New Hampshire.



Finally, we want to let you know about what you can expect by participating in this series and what is required of you to maximize that gain for yourself.

What we expect from you:

- ★ Attend and be present for every session.
- ★ Arrive on time and stay for the complete session.
- ★ Participate in all learning experiences provided by the series, both during sessions and between sessions in the form of homework and field assignments. We will incorporate multiple learning strategies throughout the year.
- ★ Collaborate with other learners to complete assignments and final projects.
- ★ Complete evaluations of each session and the complete series when requested.
- ★ Plan to stay overnight for the first session to maximize your participation and learning.
- ★ A contribution of \$25 toward tuition which can come from you, your employer, or a community organization with which you are involved. This contribution is due upon acceptance to the class.

Participants can expect:

- ★ Four interactive sessions presented by respected leaders in community organizing, leadership development, and best practices in advocacy issues of elders (*one-day sessions will be held on Thursdays; the first session which is an overnight session will start late afternoon on Tuesday and end Wednesday by 5 p.m.*). The sessions will cover the following topics:
 - Aging and Society – New Hampshire and National Impacts: Tuesday and Wednesday, April 17 and 18, 2012
 - The Legislative Process: Thursday, June 14, 2012
 - Aging Well in our Communities: Thursday, September 20, 2012
 - Community Engagement: Thursday, November 15, 2012
- ★ To become connected to a growing community of leaders in the area of senior advocacy.
- ★ To learn and be able to use effective strategies that promote and support change.
- ★ To learn and practice specific strategies utilized by effective leaders.
- ★ To learn about best practices.
- ★ To pay a \$25 contribution to the program upon acceptance; this will be your only cost to participate.
- ★ To work hard, meet new people and have fun!

